

Summertime Safety

You can follow these tips to keep children safe this summer:

- Keep plenty of SPF-15 or higher sunscreen on hand. Obtain parents' permission to apply sunscreen 30 minutes before outdoor play and every two hours while outdoors. Children who are allergic to sunscreen should wear sun-protective clothing.
- Never leave children alone in hot vehicles! Instruct drivers to maintain an active check-in and check-out procedure to ensure no one is left inside a vehicle.
- Make sure children drink plenty of fluids. Schedule water breaks every 15 to 20 minutes. If temperatures exceed 90 degrees, play indoors.
- Inspect playground equipment before each use. Securely anchor soccer and basketball goals. Check basketball rims for corrosion and replace them as necessary.
- Closely supervise children at pools and waterfronts. Adhere to all safety rules and take time to explain them to children. In addition to having a certified lifeguard present, the following child-to-supervisor ratios are recommended:
 - 1:1 for ages 0 to 3
 - 4:1 for ages 3 to 5
 - 6:1 for age 5 and older

If you have a safety or risk management question or a suggestion for a topic, please contact Markel's Risk Management Department at safety1st@markelcorp.com.