

Lifeguard Management

Both the American Red Cross and YMCA introduced Lifeguard Management courses designed for people who supervise lifeguards, and cover topics such as selecting and training lifeguards, inspecting facilities, and managing an aquatics program.

The training is recommended not only for those who have direct supervisory responsibilities for lifeguards, but also camp and club directors and others who have overall responsibilities for lifeguards. The Lifeguard Management course is classroom only (no in-water elements) and has no pre-course skills requirements.

Markel recommends that at least one staff member becomes certified in Lifeguard Management or has documented training to the equivalent level. That person should also be at least 21 years old, and have a minimum of six weeks of experience in a management/supervisory position in a similar aquatics program.

If your camp is ACA accredited, reference standard PA-1. Talk to your local Red Cross or YMCA to see how your staff can be trained as Lifeguard Managers.

If you have a safety or risk management question or a suggestion for a topic, please contact Markel's Risk Management Department at safety1st@markelcorp.com.