

Healthier Snacks

Many organizations have significantly improved the quality of snacks they serve. Gone are many of the soda machines and candy racks. Now there are a wide selection of fruits, granola, and sports juices. With increasing public awareness of the problems associated with childhood obesity, it's reasonable to expect more and more camps will be turning to healthier snacks. Reducing the junk food and sodas may have an added side benefit by reducing the food supply to bees and yellow jackets. Healthier snacks are a win-win for everyone.